SMALL WHEEL ADAPTER
Installation Instructions

In the box: trainer legs, adapter and hardware

Additional tools required (not included): 14 mm box-end wrench and 3 mm and 5 mm allen wrenchs

1

Remove resistance unit from frame, flip over and replace trainer legs with shorter legs.

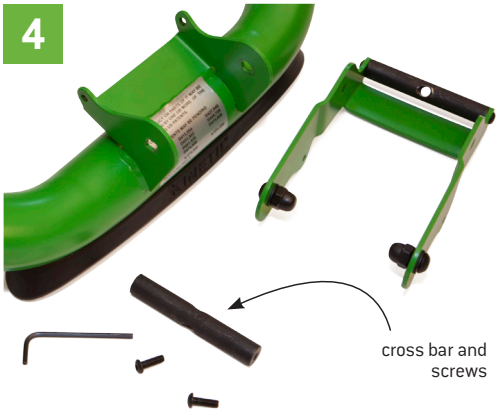
2

Remove trainer feet from the original trainer legs and place them on th new legs. Tap them on firmly.

3

Flip fram over again and prepare parts for mounting.

4



Remove cross bar and screws with 3 mm allen wrench

5

Positions small wheel adapter frame and replace cross bar and screws, threading through the adapter frame.

6

Add additional small wheel adapter bolts keeping allen wrench head on the outside and nut on the inside

7

Final assembly will look like this

8

Reinstall the resistance unit and the trainer is ready to ride